



FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

August 2022

Volume 14 Issue 8



There is something else about Freedom which is intensely interesting, it cannot be erased.

You may be able to concentrate somebody's attention on something that is not free and thus bring him into a state of belief that Freedom does not exist, but this does not mean that you have erased the individual's freedom. You have not. All the freedom he ever had is still there.

-SCIENTOLOGY: A NEW SLANT ON LIFE

FREE THETAN

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Volume 14 Issue 8 August 2022

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~

**The
FREE
THETA**

The Members Quarterly Journal of the
Association of professional Independent Scientist

Preserve, Protect & Promote

<http://independent-scientologists-association.net>



reservo, servo, proveho

~ Editorial ~



reservo, servo, proveho

Dear Reader,

Freedom is something that is in the forefront of news these days. But what is freedom? L. Ron Hubbard has said that there is freedom within barriers (New Slant on Life), and that barriers are needed. Imagine, if you will, no barriers of time, space and matter or energy. Of course you would be free to be anywhere (and as a being that is so) but with a body it would be difficult to operate and live as a human.

Movies of superhumans are just that movies. Most violate the agreed upon laws of physics and seek to remove the physical barriers that surround us. And it looks good and marvellous to be sure. But the reality is that we have imposed barriers such as distance and time in order to have a game and the less barriers we have the less game we have.

Barriers provide a challenge. A game in which we work to best those barriers in some way. Such as to invent methods of faster travel to overcome the distance barrier perhaps, or innovation of aircraft to overcome gravity. Just two examples.

L. Ron Hubbard has pointed out that Life is a game. So let's enjoy it and rise to the challenges that met us.

Until next time.

Much ARC,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

USA

South East

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT

[Trey Lotztrey@relaypoint.net](mailto:Trey.Lotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:Ken.Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

Life Repair

I remember coming into this thinking 'I'm broken' and that all the stuff in my life will haunt me for the rest of my life, and thinking that I was trapped in this dark, scary, unhappy place, and that I didn't deserve better because of the things I've done, and the people I've hurt (me included).... What I gained from all of this is that we are all broken and forgivable and are worthy of happy, successful and fulfilling lives. But what I learned more importantly is that no one else but ourselves is responsible for our happiness and success. I've learned to forgive myself, accept myself, love myself, and be proud of myself.... and others as well. Maybe the biggest success is forgiving people who have hurt me, betrayed me, deceived me, and didn't accept me. That's their loss, and I'm not going to be affected by it. I have a clear head on now and am ready to kick some serious butt

As of this day I can honestly attest that my life and survival has improved to the point where I am looking to the future in a very positive frame of mind. My auditing with Trey has been amazing and I feel like I have been released from holding onto any past concerns in my present life. I am ready to step forward into the light and make wonderful things happen in my life and in the lives of the people close to me.

Let's Rock!

Grade 0

I have always felt I could communicate to any one on any subject so I was not really expecting

any fireworks on this level. Well...there was more to this level than meets the eye for sure. I line charged in one session, and after another session I got more of an awareness of communication on the 3rd and 4th dynamic. Then today on my way to session I got this flow where I just felt compassion for all beings, and no ridges on flowing ARC to anyone. I cried because it was just too much to hold into this little body. We addressed things I "knew" I had no charge on. Ha Ha Ha. These were the biggest wins. I feel freer and more in comm with society as a whole, and my ability to grant beingness is a whole lot bigger. For the first time, I can honestly say I am a different being. I am getting a lot freer. Thanks to LRH for dedicating his life to coming up with the tech to set us all free.

Grade O has been absolutely wonderful. I have spent my whole life afraid to speak up, much to my detriment. In the past I have allowed others to misuse me with their comm, and invalidate my viewpoint. About half way through the grade, I suddenly began communicating without fear and with confidence. I was no longer worrying about how my communication would be received, or checking the environment to see if it was "safe" to communicate my viewpoint. What I have received from the grade was not just the ability to communicate, but the ability to communicate from a viewpoint. My viewpoint! Now that I have this, I have my integrity back. What is true for me is true for me. What I have observed is what I have observed. I have truth, my truth, and now I can share it without worry or self doubt. Thank you LRH for this profound gift you have left the world, and thank you Trey for your wonderful auditing.

Grade 1

I just completed Grade 1 and I now know for sure that I have the ability to recognize the source of problems and make them vanish without any doubt whatsoever. I've actually seen how many problems I've created and have now started to handle so that they vanish. I'm really happy to have this ability. Thanks Trey for this new ability.

CLEAR

Unfortunately, as usual, the words aren't going to come forth. However emotion, feeling and love are there for all those who got me to the place where I can say "I'm CLEAR." Thanks to all-first Coleen (the love of my life) for putting up with me till now. I can only hope that my going clear will ease some of her burden. I rather expect that from myself. I'm going to stop now because this is turning into a "good-bye" sounding letter. I know we are merely starting a New Beginning.

OT Review

It is so great to rehab my belief in this fabulous technology. To know what it means again to have a great session. To feel much better physically, to watch my space increase. To have such an expert auditor that you remove any consideration that you might be crazy. This is a new positive beginning and the best place I could have picked to start it.

~oo00oo~



Two Rules for happy Living

- 1. Be able to experience anything.*
- 2. Cause only those things which others can experience easily.*

Man has had many golden rules. The Buddhist rule of “Do unto others as you would have these others do unto you” has been repeated often in other religions. But such golden rules, while they served to advance man above the animal, resulted in no sure sanity, success or happiness. Such a golden rule gives only the cause point or at best, the reflexive effect point. This is a self-done-to-self thing, and tends to put all on obsessive cause. It gives no thought to what one does about the things done to one by others not so indoctrinated.

How does one handle the evil things done to him?

It is not told in the Buddhist rule. Many random answers resulted. Amongst them are the answers of Christian Science (effects on self don’t exist), the answers of early Christians (become a martyr), the answers of Christian ministers (condemn all sin). Such answers to effects created on one bring about a somewhat less than sane state of mind—to say nothing of unhappiness.

After one’s house has burned down and the family cremated, it is no great consolation to (1) pretend it didn’t happen, (2) liken oneself to Job, or (3) condemn all arsonists. So long as one fears or suffers from the effect of violence, one will have violence against him. When one *can* experience exactly what is being done to one, ah, magic—it does not happen!

How to be happy in this universe is a problem few prophets or sages have dared to contemplate directly. We find them “handling” the problem of happiness by assuring us that man is doomed

to suffering. They seek not to tell us how to be happy, but how to endure being unhappy. Such casual assumption of the impossibility of happiness has led us to ignore any real examination of ways to be happy. Thus, we have floundered forward toward a negative goal—get rid of all the unhappiness on Earth and one would have a livable Earth. If one seeks to get rid of something continually, one admits continually that he cannot confront it—and thus everyone went down hill. Life became a dwindling spiral of *more* things we could not confront. And thus, we went toward blindness and unhappiness.

To be happy, one must be *able* to confront, which is to say, experience, those things that are. Unhappiness is only this: the inability to confront that which is. Hence, (1) *Be able to experience anything*. The effect side of life deserves great consideration. The self-caused side also deserves examination.

To create only those effects which others could easily experience gives us a clean new rule of living. For, if one does this, then what might he do that he must withhold from others? There is no reason to withhold his own actions or regret them (same thing), if one's own actions are easily experienced by others.

This is a sweeping test (and definition) of good conduct—to do only those things which others can experience. If you examine your life, you will find you are bothered only by those actions a person did which others were not able to receive. Hence, a person's life can become a hodgepodge of violence withheld, which pulls in, then, the violence others caused.

The more actions a person emanated which could not be experienced by others, the worse a person's life became. Recognizing that he was bad cause or that there were too many bad causes already, a person ceased causing things—an unhappy state of being. Pain, misemotion, unconsciousness, insanity, all result from causing things others could not experience easily. The reach-withhold phenomenon is the basis of all these things. When one sought to reach in such a way as to make it impossible for another to experience, one did not reach, then, did he? To “reach” with a gun against a person who is unwilling to be shot is not to reach the person, but a protest. All *bad* reaches never reached. So there was no communication, and the end result was a withhold by the person reaching. This reach-withhold became at last an inability to reach—therefore, low communication, low reality, lower affinity.

Communication is time environment or situation.

One means of reaching others. So, if one is unable to reach, one's ability to communicate will be low; and one's reality will be low, because if one is unable to communicate, he won't really get to know about others; and with knowing little or nothing about others, one doesn't have any feeling about them either, thus one's affinity will be low.

Affinity, reality and communication work together; and if one of these three is high, the other two will be also; but if one is low, so will the others be low. All bad acts, then, are those acts which cannot be easily experienced at the target end. On this definition, let us review our own “bad acts”. Which ones were bad? Only those that could not be easily experienced by another were bad. Thus, which of society's favorite bad acts are bad? Acts of real violence resulting in

pain, unconsciousness, insanity and heavy loss could, at this time, be considered bad. Well, what other acts of yours do you consider “bad”?

The things which you have done which you could not easily, yourself, experience, were bad. But the things which you have done which you, yourself, could have experienced, had they been done to you, were *not* bad. That certainly changes one’s view of things!

There is no need to lead a violent life just to prove one can experience. The idea is not *to prove* one can experience, but to regain the *ability* to experience.

Thus, today, we have two golden rules for happiness:

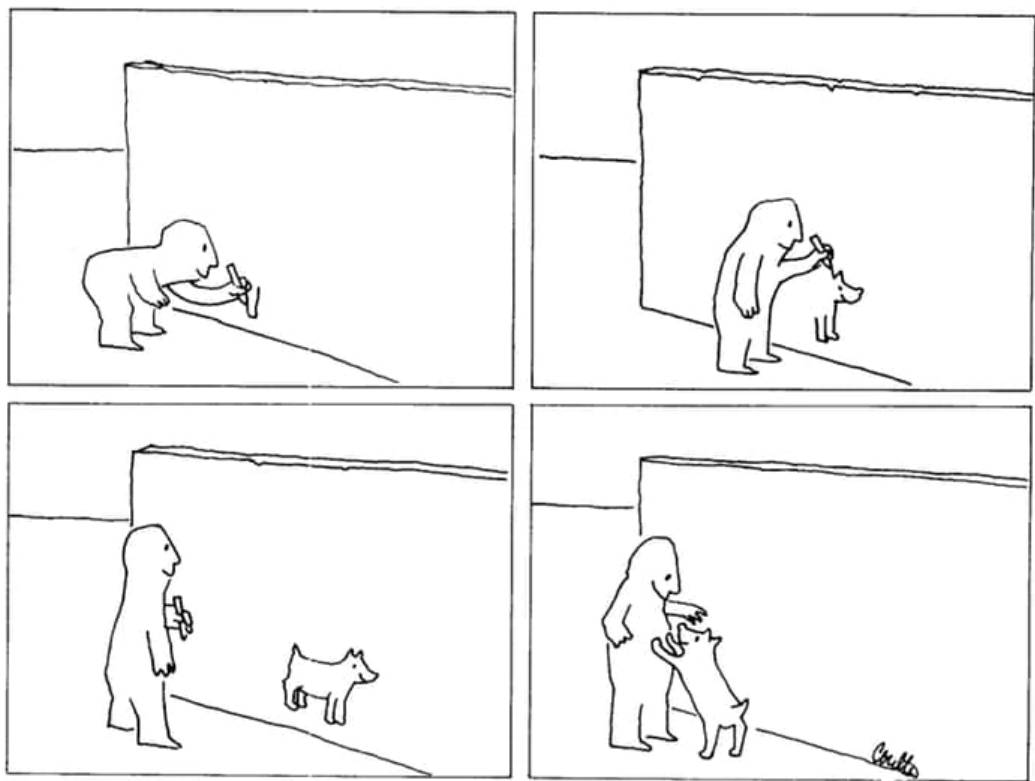
1. Be able to experience anything;
and
2. Cause only those things which others are able to experience easily.

Your reaction to these tells you how far you have yet to go.

And if you achieve these two golden rules, you would be one of the happiest and most successful people in this universe, for who could rule you with evil?

Extract from ‘New Slant on Life’ by L. Ron Hubbard.

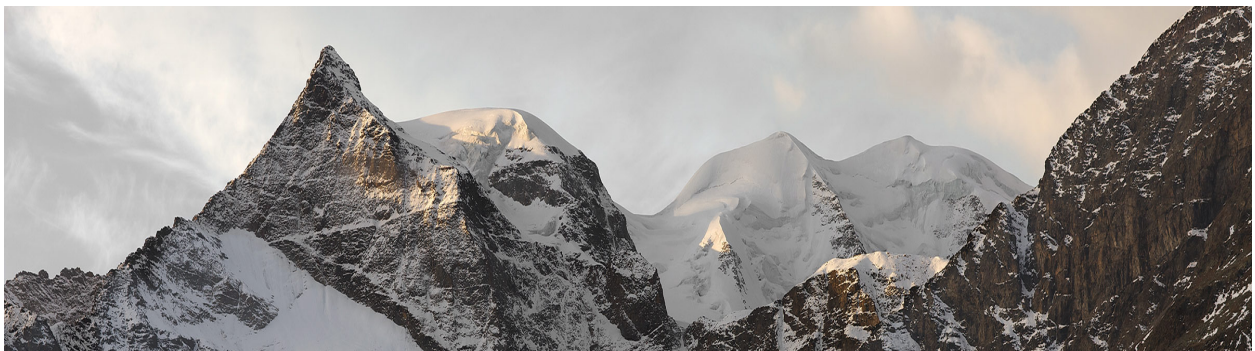
~oo00oo~





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The Secrets to Crypto Currency.

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The 'Secrets to Cryptocurrency' explains in easy to understand English exactly how crypto currency works from Bitcoin through to the workings behind it, from block chain to some of the more obscure currencies.

Mission Statement

The Association of Professional Independent Scientologists (APIS) have as their goals.

**The preservation and protection
of the original applied philosophy of Scientology
and Dianetics as issued by L. Ron Hubbard so
it is always available worldwide**

**The applied philosophy of L. Ron Hubbard exported
to the world and being applied standardly and
without alteration, dilution or changed in anyway
but exactly as Lafayette Ron Hubbard issued it**

Our Future

We have a bright future in front of us. The past is dead, suitable for inspection in session only. The future is the future. It is the beginning of Scientology for us all and, as Ron said, the sun never sets on Scientology regardless of where it happens to be.

We can start afresh. We can roll up our sleeves and say, "let's get to it." Let's get the philosophy and the basic principles we know out into the world and shared with others. Remember, we are immortal beings. We are also powerful beings. Every individual on this planet including you is an immortal and powerful being and can be re-educated into that understanding. Every individual on this planet can regain their former glory and understanding. It is possible. For some, it might be distant, but remember, they are immortal too.

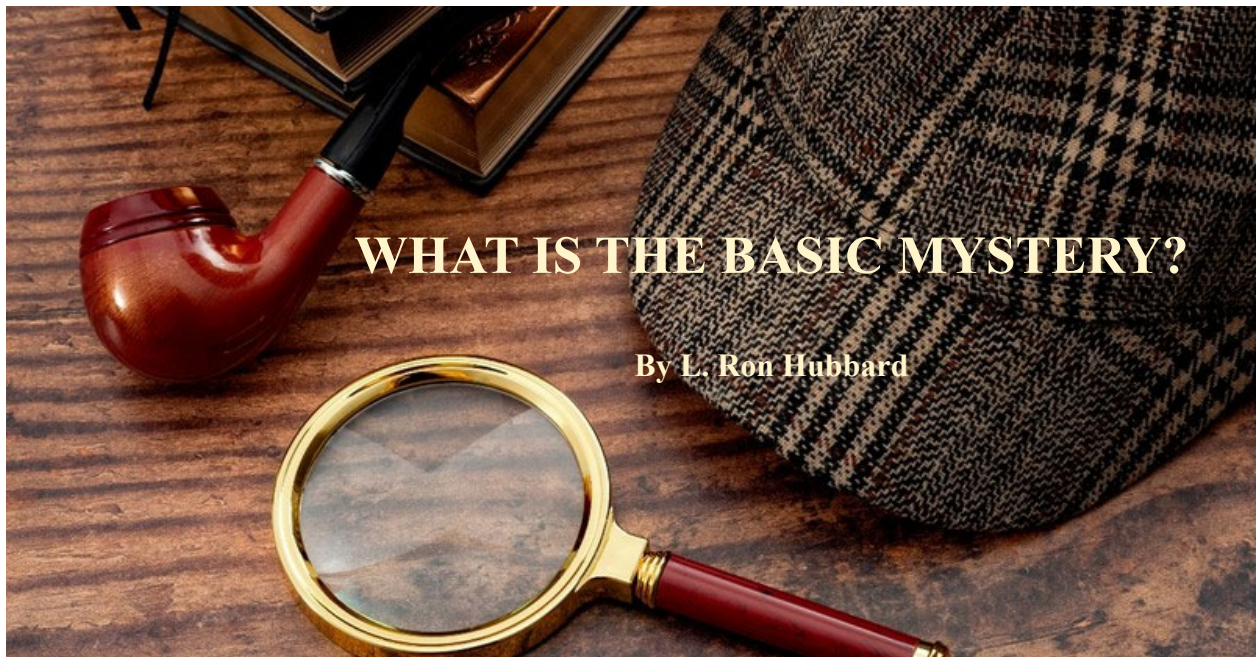
What sort of future do you want? What future would you like to create?

**"Your potentialities are a great deal better than
anyone ever permitted you to believe."**

SELF ANALYSIS

Remember, you CAN do it!

~000000~



In the general study of the world and its affairs, we find out that the only way you can make a slave—as if anybody would want one—would be to develop a tremendous amount of mystery about what it's all about and then develop an overwhelming charge on the mystery line. Not only develop a mystery, but then sell it real good; sell some bogus answer to the mystery.

Man is so used to this that, when you come along and put a perfectly good answer in his hands, why, he drops it like a hot potato, because he knows what all answers are: All answers are carefully derived from mysteries with bogus answers, and all mysteries are going to cost you something sooner or later.

The development of the mystery itself stems from interpersonal relationships and Man's general conflict with his fellows and his environment, and so on. And the basic mystery is— who is he? There's no more basic mystery than that—"who is that fellow over there?" That is the beginning of individuation, of, not individualism, but individuation, of pulling back from everybody and saying, "I am me and they are 'them', and God knows what they're up to!"

And then, after a while, the fellow takes it out of the realm of near blasphemy and puts it into worship. And he says, "Well, God knows what they're up to and he will protect me."

So what do we basically have? We basically have a mystery on who the other fellow is. Now "science" originally meant truth, and now it means research revenue. Science has so far abandoned the basic mystery, that they think there's a mystery on what is a floor, what is a ceiling, what is space. That is really a very cooked-up mystery—because that floor and that ceiling and that space is what thee and me agreed to put there, and that's about all it is.

Wherever we have a mystery, we normally have had a disagreement or a misunderstanding or an out-of-communication-ness. And that's all there actually is to it, basically. A fellow had to

disagree with whom he was looking at. He knew about it originally and he didn't want to know who that fellow was over there. He didn't want to know anything about the situation, because he had learned a lesson: If he communicated with it, he would be proved wrong!

So we had some people in our midst—you amongst them—who would put up a “this” and say it was a “that”. And then you would get these things twisted somehow or another, and you'd say, “Why don't you communicate with *this*?” and then say, “You communicated with *that*.” After a while a fellow says, “Aw, I don't want to communicate with either one of them. Dickens with it. Who cares what those things are—I don't want to know.” And after that, he'd had it. He said, “I don't want to know,” and therefore he had a mystery sitting across from him someplace. And he went so far along this line of not wanting to know that after a while he conceived that he didn't know. And then he went from there and said it's impossible to know.

Wherever Man finds himself deeply instilled, engrossed, surrounded with mystery, he is actually in conflict with himself and himself alone. That is why processing works. THE ONLY ABERRATION IS DENIAL OF SELF. Nobody else can do anything to you, but YOU.

That is a horrible state of affairs. You can do something to you, but it requires your postulate, your agreement or your disagreement, before anything can happen to you. People have to agree to be ill; they have to agree to be stupid; they have to agree to be in mystery.

People are the victims of their own flinch. They are the victims of their own postulates, the victims of their own belief that they are inadequate.

An individual has to postulate into existence his own aberration, his own flinch, his own stupidity, his own lack of confidence, and his own bad luck.

Extract from, “New Slant on Life.

~oo00oo~



MAN'S SEARCH FOR HIS SOUL

For countless ages past, Man has been engaged upon a search.

All thinkers in all ages have contributed their opinion and considerations to it. No scientist, no philosopher, no leader has failed to comment upon it. Billions of men have died for one opinion or another on the subject of this search and no civilization, mighty or poor, in ancient or in modern times has endured without battle on its account. The human soul, to the civilized and barbaric alike, has been an endless source of interest, attention, hate or adoration.

To say that I have found the answer to all riddles of the soul would be inaccurate and presumptuous. To discount what I have come to know and to fail to make that known after observing its

benefits would be a sin of omission against Man.

After thirty-one years of inquiry and thought and after fifteen years of public activity wherein I observed the material at work and its results, I can announce that, in the knowledge I have developed, there must lie the answer to that riddle, to that enigma, to that problem—the human soul—for under my hands and others, I have seen the best in Man rehabilitated.

From the time since I first made a theta clear, I have been, with some reluctance, out beyond any realm of the scientific known; and now that I have myself cleared half a hundred, and auditors I have trained, many times that, I must face the fact that we have reached that merger point where science and religion meet, and we must now cease to pretend to deal with material goals alone.

We cannot deal in the realm of the human soul and ignore the fact. Man has too long pursued this search for its happy culmination here to be muffled by vague and scientific terms.

Religion, not science, has carried this search, this war, through the millennia. Science has all but swallowed Man with an ideology which denies the soul, a symptom of the failure of science in that search.

One cannot now play traitor to the Men of God who sought, these ages past, to bring Man from the darkness.

We, in Scientology, belong in the ranks of the seekers after truth, not in the rearguard of the makers of the atom bomb.

However, science, too, has had its role in these endeavors; and nuclear physics, whatever crime it does against Man, may yet be redeemed by having been of aid in finding for Man the soul of which science had all but deprived him.

No Auditor can easily close his eyes to the results he achieves today or fail to see them as superior to the materialistic technologies he earlier used. For we can know, with all else we know, that the human soul, freed, is the only effective therapeutic agent we have. But our goals, no matter our miracles with bodies today, exceed physical health and better men.

Scientology is the science of knowing how to know. It has taught us that a man IS his own immortal soul. And it gives us little choice, but to announce to a world, no matter how it receives it, that nuclear physics and religion have joined hands and that we in Scientology perform those miracles for which Man, through all his search, has hoped.

The individual may hate God or despise priests. He cannot ignore, however, the evidence that he is his own soul. Thus we have resolved our riddle and found the answer simple.

Extract from, 'New Slant on Life.'

~oo00oo~



THE CONDITIONS OF EXISTENCE

There are three conditions of existence. These three conditions comprise life.

They are BE, DO and HAVE.

The condition of BEING is defined as the assumption of a category of identity. It could be said to be the role in a game, and an example of beingness could be one's own name.

Another example would be one's profession. Another example would be one's physical characteristics. Each or all of these things could be called one's *beingness*. Beingness is assumed by oneself or given to one's self or is attained, for example, in the playing of a game, each player having his own beingness.

The second condition of existence is DOING. By doing we mean action, function, accomplishment, the attainment of goals, the fulfilling of purpose, or any change of position in space.

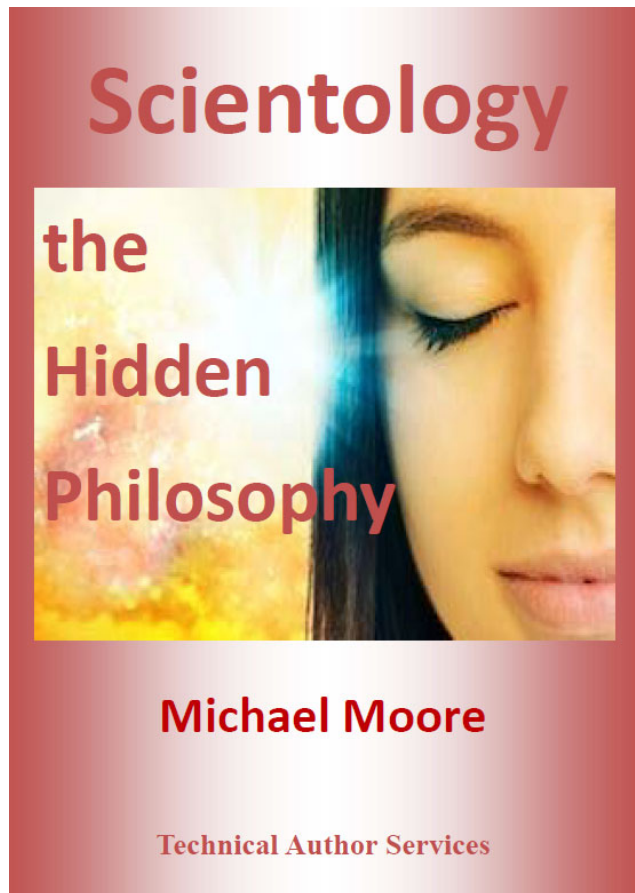
The third condition is HAVINGNESS. By havingness, we mean owning, possessing, being capable of commanding, positioning, taking charge of objects, energies or spaces.

The essential definition of *having is* to be able to touch or permeate or to direct the disposition of. The game of life demands that one assume a beingness in order to accomplish a doingness in the direction of havingness.

These three conditions are given in an order of seniority where life is concerned. The ability to *be is* more important than the ability to *do*. The ability to *do* is more important than the ability to *have*. In most people all three conditions are sufficiently confused that they are best understood in reverse order. When one has clarified the idea of possession or havingness, one can then proceed to clarify doingness for general activity, and when this is done one understands beingness or identity.

It is an essential to a successful existence that each of these three conditions be clarified and understood. The ability to assume or to grant beingness is probably the highest of human virtues. It is even more important to be able to permit other people to have beingness than to be able oneself to assume it.

~oo00oo~



Scientology The Hidden Philosophy

Everything you always wanted to know about Scientology.

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself, Your potentialities are a great deal better than anyone ever permitted you to believe.

—SELF ANALYSIS

Just a few of the subjects covered include:

What is Scientology ?

Lafayette Ron Hubbard

Mary Sue Hubbard

The Philosophy of Dianetics and Scientology

Dianetics

Scientology

Scientology: the Hidden Philosophy

Basic Principles of Scientology

Using the Basics

Dynamics

ARC Triangle

Tone Scale

Know to Mystery Scale

Awareness Levels

And much more

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Also available at: <https://authorservices.org>

ISBN: 978-0-6486-727-1-5


Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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FREEZONE ASSOCIATION
Preserve, Protect & Promote
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Freedom

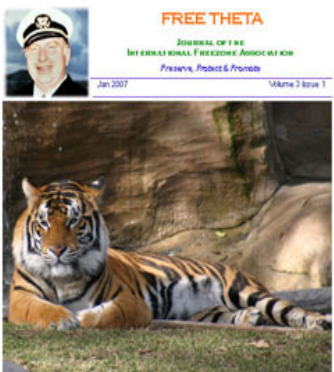
Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE
L. Ron Hubbard

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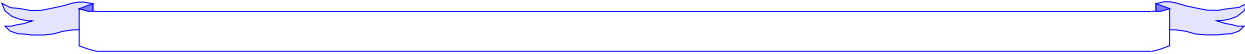
"REALITY IS THE AGREED UPON
APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8 8008
Lafayette Ron Hubbard



***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
 2. Never withdraw allegiance once granted.
 3. Never desert a group to which you owe your support.
 4. Never disparage yourself or minimize your strength or power.
 5. Never need praise, approval or sympathy.
 6. Never compromise with your own reality.
 7. Never permit your affinity to be alloyed.
 8. Do not give or receive communication unless you yourself desire it.
 9. Your self-determinism and your honour are more important than your immediate life.
 10. Your integrity to yourself is more important than your body.
 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
 12. Never fear to hurt another in a just cause.
 13. Don't desire to be liked or admired.
 14. Be your own adviser, keep your own counsel and select your own decisions.
 15. Be true to your own goals.
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TRAINING

Author's Class	Certificate	Course	Prerequisites	Textbook	Where Conducted	End Result
Class XII Auditor	Class XII Certificate	Class XII Course	Class XII Prerequisite	Class XII Textbook	Class XII Where Conducted	Class XII End Result
Class XII Auditor	Class XII Certificate	Class XII Course	Class XII Prerequisite	Class XII Textbook	Class XII Where Conducted	Class XII End Result
Class XI Auditor	Class XI Certificate	Class XI Course	Class XI Prerequisite	Class XI Textbook	Class XI Where Conducted	Class XI End Result
Class XI Auditor	Class XI Certificate	Class XI Course	Class XI Prerequisite	Class XI Textbook	Class XI Where Conducted	Class XI End Result
Class X Auditor	Class X Certificate	Class X Course	Class X Prerequisite	Class X Textbook	Class X Where Conducted	Class X End Result
Class X Auditor	Class X Certificate	Class X Course	Class X Prerequisite	Class X Textbook	Class X Where Conducted	Class X End Result
Class IX Auditor	Class IX Certificate	Class IX Course	Class IX Prerequisite	Class IX Textbook	Class IX Where Conducted	Class IX End Result
Class IX Auditor	Class IX Certificate	Class IX Course	Class IX Prerequisite	Class IX Textbook	Class IX Where Conducted	Class IX End Result
Class VIII Auditor	Class VIII Certificate	Class VIII Course	Class VIII Prerequisite	Class VIII Textbook	Class VIII Where Conducted	Class VIII End Result
Class VIII Auditor	Class VIII Certificate	Class VIII Course	Class VIII Prerequisite	Class VIII Textbook	Class VIII Where Conducted	Class VIII End Result
Class VII Auditor	Class VII Certificate	Class VII Course	Class VII Prerequisite	Class VII Textbook	Class VII Where Conducted	Class VII End Result
Class VII Auditor	Class VII Certificate	Class VII Course	Class VII Prerequisite	Class VII Textbook	Class VII Where Conducted	Class VII End Result
Class VI Auditor	Class VI Certificate	Class VI Course	Class VI Prerequisite	Class VI Textbook	Class VI Where Conducted	Class VI End Result
Class VI Auditor	Class VI Certificate	Class VI Course	Class VI Prerequisite	Class VI Textbook	Class VI Where Conducted	Class VI End Result
Class V Graduate	Class V Graduate Certificate	Class V Graduate Course	Class V Graduate Prerequisite	Class V Graduate Textbook	Class V Graduate Where Conducted	Class V Graduate End Result
Class V Graduate Auditor	Class V Graduate Certificate	Class V Graduate Course	Class V Graduate Prerequisite	Class V Graduate Textbook	Class V Graduate Where Conducted	Class V Graduate End Result
Class V Graduate Auditor	Class V Graduate Certificate	Class V Graduate Course	Class V Graduate Prerequisite	Class V Graduate Textbook	Class V Graduate Where Conducted	Class V Graduate End Result
Class V Auditor	Class V Certificate	Class V Course	Class V Prerequisite	Class V Textbook	Class V Where Conducted	Class V End Result
Class V Auditor	Class V Certificate	Class V Course	Class V Prerequisite	Class V Textbook	Class V Where Conducted	Class V End Result
Class IV Auditor	Class IV Certificate	Class IV Course	Class IV Prerequisite	Class IV Textbook	Class IV Where Conducted	Class IV End Result
Class IV Auditor	Class IV Certificate	Class IV Course	Class IV Prerequisite	Class IV Textbook	Class IV Where Conducted	Class IV End Result
Class III Auditor	Class III Certificate	Class III Course	Class III Prerequisite	Class III Textbook	Class III Where Conducted	Class III End Result
Class III Auditor	Class III Certificate	Class III Course	Class III Prerequisite	Class III Textbook	Class III Where Conducted	Class III End Result
Class II Auditor	Class II Certificate	Class II Course	Class II Prerequisite	Class II Textbook	Class II Where Conducted	Class II End Result
Class II Auditor	Class II Certificate	Class II Course	Class II Prerequisite	Class II Textbook	Class II Where Conducted	Class II End Result
Class I Auditor	Class I Certificate	Class I Course	Class I Prerequisite	Class I Textbook	Class I Where Conducted	Class I End Result
Class I Auditor	Class I Certificate	Class I Course	Class I Prerequisite	Class I Textbook	Class I Where Conducted	Class I End Result
Class 0 Auditor	Class 0 Certificate	Class 0 Course	Class 0 Prerequisite	Class 0 Textbook	Class 0 Where Conducted	Class 0 End Result
Class 0 Auditor	Class 0 Certificate	Class 0 Course	Class 0 Prerequisite	Class 0 Textbook	Class 0 Where Conducted	Class 0 End Result
Not Classed						
Not Classed						
Not Classed						
Not Classed						
Not Classed						

PROCESSING

PC Grade	Name of State	Subject Addressed	Prerequisites	Class of Auditor	Where Conducted	Ability Gained
OT XV
OT XIV
OT XIII
OT XII
OT XI
OT X
OT IX
OT VIII
OT VII
OT VI
OT V
OT IV
OT III
OT II
OT I
OT Eligibility
Solo Course
OT Preparations
Solo Course
Sunshine Roundup
CLEAR
Expanded Diagnostics
New Era Diagnostics (NEP)</		

and studies one may find the truth for himself. The technology is therefore not expounded as something to believe, but something to do.

THEBARK: the person himself—not his body nor, like the physical universe, his mind or any other; that which is aware of being aware; the identity which is the individual. The term was coined to eliminate any possible confusion with etheric, innal or conical. It comes from the Greek letter θ (theta) to which an s is added to remain in the modern style used to create word engineering. It is also θ , or "theta" in the Pythagorean, meaning unlimited or vast.

THAT: training regimens or routines, often referred to as training drills. They are practical drills or cycle of communication.

Designations and abbreviations such as these found in the body of this chart are to be found in the *Scientology Dictionary*.

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

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Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

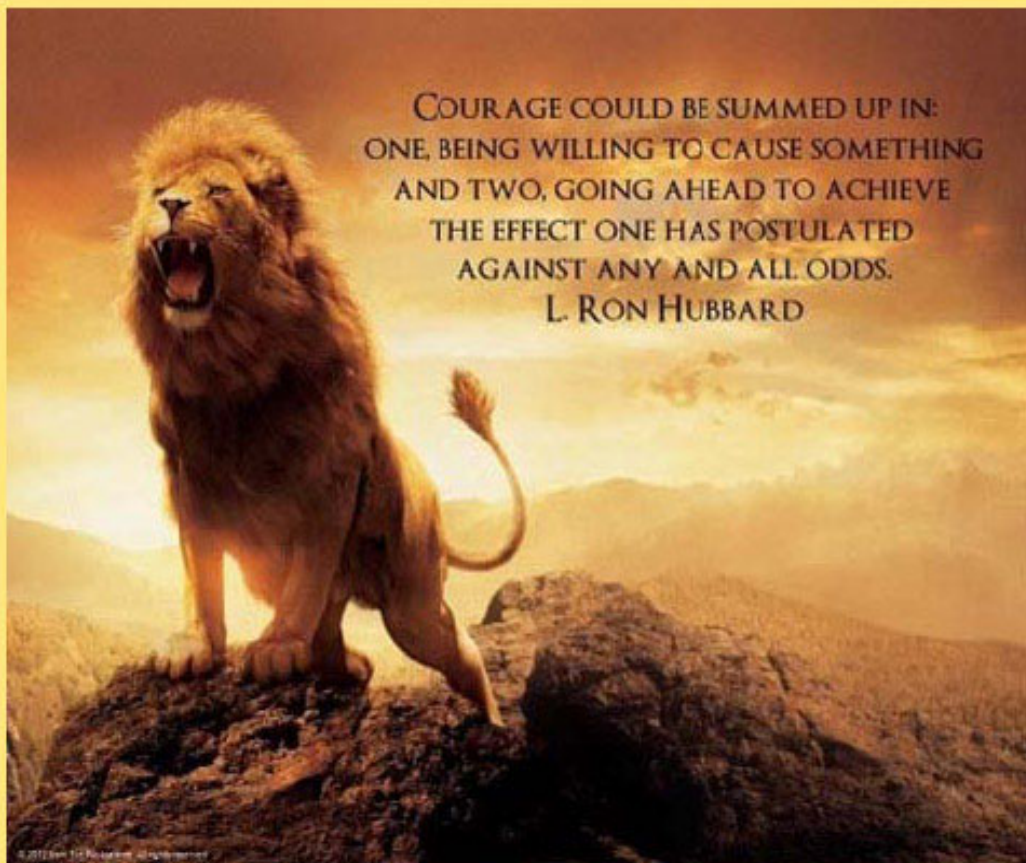
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

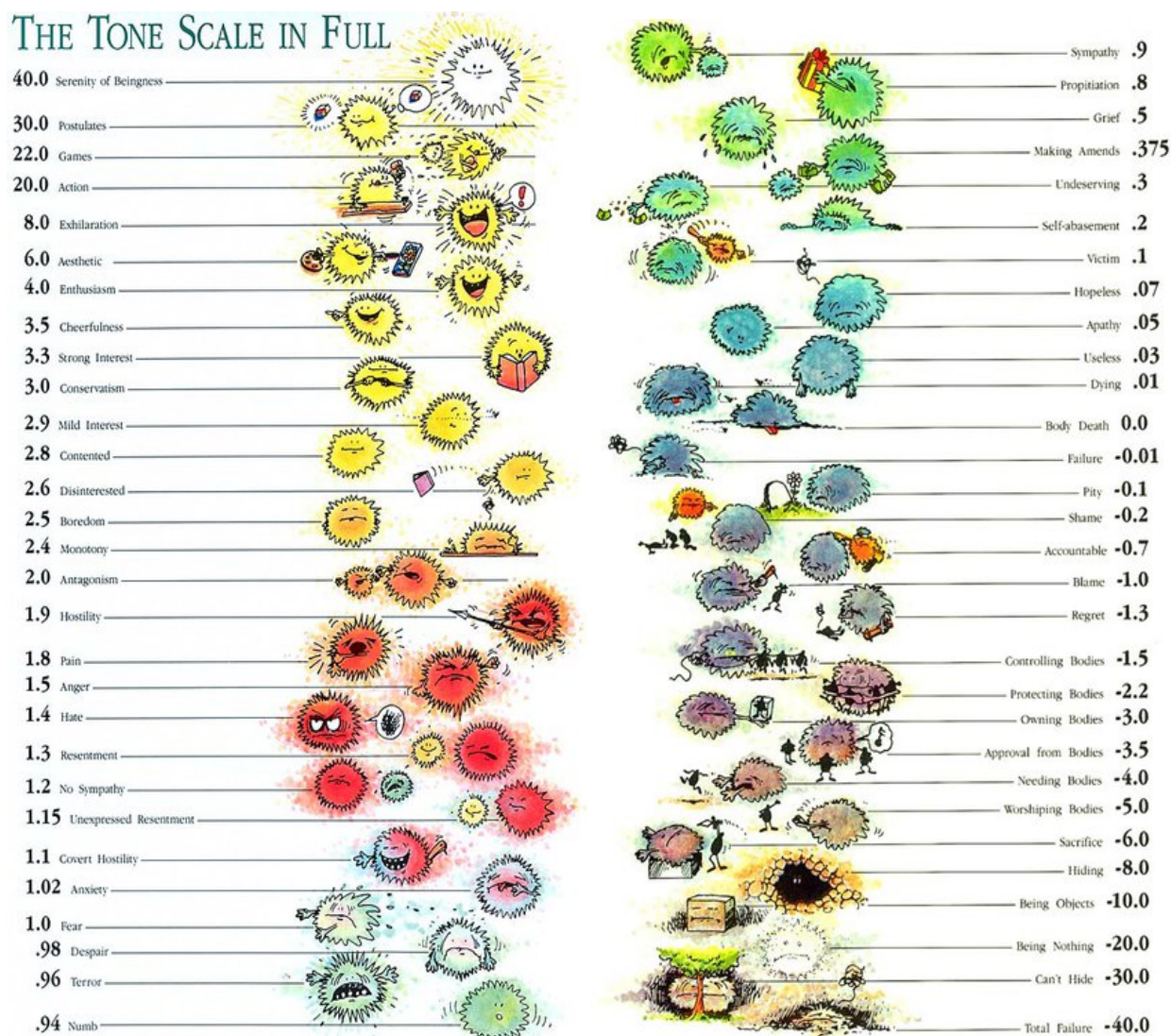
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Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Regain your ABILITY and POWER as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make something continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

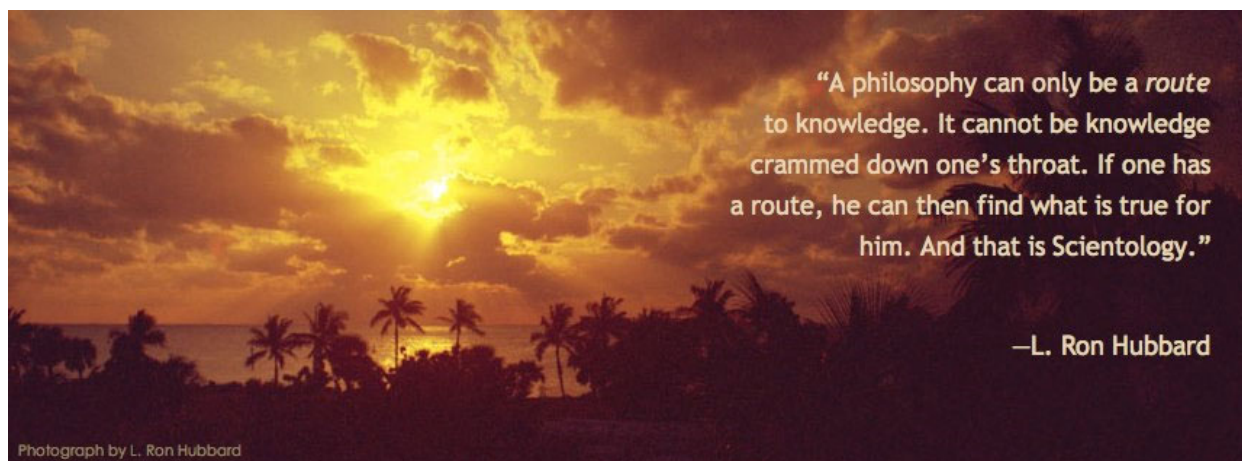
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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